



HISTORY OF THE ANGELICA ROOT

From Europe to America and beyond, tales of the renowned Angelica root has subsisted till this very day. This herbal root is now eminent in Chinese medicine and still popular among various cultures as an active ingredient for various medicinal practices.

In the past, this herb used to serve various other purposes other than simply medicinal. For instance, the root of the Angelica plant was once utilized as a type of incense to perfume houses. When burnt, it was known to let out a calming scent.

Tradition, however, opens a different door to the purposes of the Angelica root. For example, a traditional tale tells of an angel that descended upon the earth when outbreaks of disease and illnesses were abundant. The angel told people to place a piece of this herbal root in their mouths in order to keep plagues at bay. This herbal root then derived its name 'Angelica' as the traditional story goes.

Not long after the rise of Christianity, another legend tells of the angelica root being most effective against evil spirits and necromancy. In fact the Angelica root was so revered in this legend, that it was linked to Saint Michael the Archangel and termed as 'The root of the Holy Ghost' by many. The same root was also used in other cultures and early tribes around the world as a means against witchery and unwanted spirits.